



Est. 2008

**OUR TRANSFORMATIONAL  
LEADERSHIP PROGRAM IS A  
"GAME CHANGER!"**

**IMPROVE  
CORPORATE  
CULTURE**

**IMPROVE  
EMPLOYEE  
SATISFACTION**

**IMPROVE  
COMPANY  
PERFORMANCE**

**BUILD A WORKPLACE BUILT ON**

**\* TRUST \* CONNECTION \* RESPECT**

**\* WELLNESS \* CONFIDENCE**



## Avoid the Great Resignation!

Today's employees expect more from their workplace.

### BETTER COMMUNICATION & CONNECTION

- Job satisfaction
- Gratitude and appreciation
- Open communication
- Sense of community

### SUPPORT FOR MENTAL & EMOTIONAL WELLNESS

- Less Stress
- Less Anxiety
- Less burnout
- More flexibility

### TRUSTED LEADERSHIP

- Honesty
- Accountability
- Integrity
- Emotional Safety



# I GOT MIND'S GAME CHANGER PROGRAM

A proven framework for transformational leadership and organizational success.



1

## DISCOVERY

- Understand cultural transformation needs
- Assess how education and awareness will improve performance
- Align company culture values, purpose and business goals

2

## LEADERSHIP FUNDAMENTALS

- Empowering the entire team
- Developing productive relationships
- Improving communication, engagement, motivation, and connection

3

## ONGOING SUPPORT

- Online self-directed learning
- Facilitated conversation to implement the learning
- 1:1 coaching for each leadership member
- Leadership led training for staff with the new skills

## Game Changer Program delivery

Leadership Retreat | 12 Month Curriculum |  
Customized Programming | Expert Guidance

CONTACT US TODAY AT [INFO@IGOTMIND.CA](mailto:info@igotmind.ca)





# The Beginning of the Cultural Change

## EXPECTATIONS OF LEADERSHIP RETREAT PROGRAM KICKOFF

### ***4 Day/3 Night Leadership/Management Retreat***

We begin the journey with an interactive retreat into the mountains. This involves your leadership team. It offers an opportunity for them to connect, discuss and address the areas of concern within the team and culture. It is a compelling experience that will invigorate your group.

### ***Leadership Characteristics Assessment***

- One Hour Psychometric Assessment
- 1-1 Review of Assessment
- 3 hours of Pre-Event Preparation with the Group
- Team Building exercises that strengthen communication and connection.

### ***An Experience Like None Other***

The team will travel together, stay together, cook together, have guided conversations, and do relevant team-building exercises. The objective of the retreat is to ensure that the team is connected, focused and excited to learn as we begin the year-long program.



# OUR DELIVERY MODEL

## CULTIVATING AND INSPIRING A NEW COMPANY CULTURE

### MONTH ONE

#### Course 1

- 
- 2.5 hours of online learning (self-directed)
  - 4 hours of facilitated conversation to support and reinforce the learning material.

### MONTH TWO

#### Review and Implementation

- 
- 1.5 hours of facilitation w/leadership
  - 2 hour workshop with employees to introduce content

### MONTH THREE

#### 1-1 Support

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One on one coaching calls with the leadership team (30 min) with each member

### MONTH FOUR

#### Course 2

- 
- 2.5 hours of online learning (self-directed)
  - 4 hours of facilitated conversation to support and reinforce the learning material.

### MONTH FIVE

#### Review and Implementation

- 
- 1.5 hours of facilitation w/leadership
  - 2 hour workshop with employees to introduce content

### MONTH SIX

#### 1-1 Support

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One on one coaching calls with the leadership team (30 min) with each member

### MONTH SEVEN

#### Course 3

- 
- 2.5 hours of online learning (self-directed)
  - 4 hours of facilitated conversation to support and reinforce the learning material.

### MONTH EIGHT

#### Review and Implementation

- 
- 1.5 hours of facilitation w/leadership
  - 2 hour workshop with employees to introduce content

### MONTH NINE

#### 1-1 Support

---

One on one coaching calls with the leadership team (30 min) with each member

### MONTH TEN

#### Group Review

- 
- 1 hour with each group to review progress and discuss progress and address issues.

### MONTH ELEVEN

#### Grad Preparation

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Leadership will have the month to prepare their presentation.

### MONTH TWELVE

#### Graduation

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A day of celebration, presentations and fun. We plan a special day of discussion and team building.

# THE IGM TEAM

The team at I Got Mind has been hand-picked by founder Bob Wilkie. They all come from different backgrounds and have a wealth of experience to share. They have completed the IGM Facilitation training of over 80 hours, as well as completed Safe Psychological Recovery Training (5 hours) and The Brain Certification Story from the Alberta Family Wellness Initiative (20 + hours).



**Shawn O'Grady**

IGM Mental Health Clinician



**Tony Wozny**

IGM Facilitator



**Tania O'Neill**

IGM Mental Health Clinician



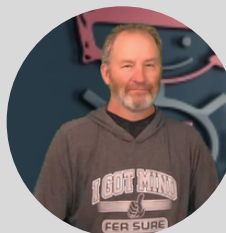
**Raeanne Woycenko**

IGM Facilitator



**Cory Clouston**

IGM Faciliator



**Dean Sawatzky**

IGM Faciliator



**Kristi Hiller**

IGM Faciliator



**Jodi Flanagan**

IGM Faciliator

# Past and Present Clients



MEDICINE HAT  
COLLEGE



Let's  
**go**  
for Mental  
Health

**go**Insurance  
AUTO • HOME • COMMERCIAL • TRAVEL



TETRA TECH



**DAVIS**  
AUTOMOTIVE GROUP

slido



KEYERA



**The I Got Mind Game Changer program will transform the culture, wellness, and performance of your team. Invest in your people and take your team to the next level.**



***"Tell me and I forget, teach me and I learn, Involve me and I remember" - Benjamin Franklin***

**Contact us for a Free Consultation.**

**[www.igotmind.ca/workplace](http://www.igotmind.ca/workplace)**

**[info@igotmind.ca](mailto:info@igotmind.ca)**

**403-988-8501**